



Family Therapy in Focus (Counselling & Psychotherapy in Focus Series)

Mark Rivett, Eddy Street

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Drawing on many years' experience in practice, teaching and research, **Mark Rivett** and **Eddy Street** present philosophical, sociological and empirical views of family therapy. Balancing the perceived benefits against the potential limitations, they pose questions, which challenge those within the profession to think hard about their role.

} does family therapy work?

} can those most in need really be helped?

} is family therapy a means of social control?

} who does professionalization help?

While most texts offer a straightforward and uncritical perspective, in contrast **Family Therapy in Focus** aims to stimulate debate among practitioners and to help trainees adopt a more reflective and critical attitude towards their own professional development and the development of their profession.

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