

Tough Guys and Drama Queens: How Not to Get Blindsided by Your Child's Teen Years

Mark Gregston



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Tough Guys and Drama Queens: How Not to Get Blindsided by Your Child's Teen Years Mark Gregston **Are you ready for your child's teen years?**

If you've ever lain awake at night wondering what might be around the corner of your child's adolescence, this book is for you! After more than thirty-eight years of working with more than 2,500 years, Mark Gregston, founder of heartlight, a Christian residential counseling center, introduces *Tough Guys and Drama Queens*? a must-read "how-to" book for parents of pre-teens and teens with time-tested, biblical techniques to guide you through these unavoidably challenging years.

Mark helps parents realize that some natural parenting approaches are actually counter-productive and therefore totally ineffective. In place of those, he offers tried and true wisdom on the vital importance of relationship, forgiveness, and explains how conflict is actually the precursor to change.

Everyday your child is bombarded by highly sexualized culture and over-exposed to words and images that can influence them beyond your reach.your connection to them during these years is critical as is your response to tough issues such as appearance, performance, authority and respect, boundaries, and many more.

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