



Human Dynamics : A New Framework for Understanding People and Realizing the Potential in Our Organizations

Sandra Seagal

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Based upon 17 years of ongoing research involving more than 40,000 people from over 25 cultures, extensively field-tested, and adopted internationally by Fortune 500 companies, Human Dynamics? is a developmental system that demystifies the complexities of how people function and interact with one another. Human Dynamics presents a powerful framework for understanding the distinct ways in which we process information, learn, communicate, relate with one another, manifest stress, maintain well-being, and develop as human beings. At the heart of Human Dynamics are the three universal principles we all share in different capacities--mental, emotional, and physical--fundamental threads that cross culture, age, race, and gender to unify us all. As we learn to appreciate our commonalities and differences, we can use our unique gifts and apply new understanding to enrich our relationships, heighten "collective intelligence", communicate more effectively, work together more productively, enhance creativity, optimize team learning, and strengthen organizational performance. Actual accounts from major companies including Intel Corporation, Intermountain Healthcare System, and London Life Insurance Company document how Human Dynamics can optimize business relationships, organizational learning, teamwork, and communication.

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