



The 10 Day Green Smoothie Cleanse: A Secret To Healthy Life Lose Up to 15 Pounds Juicing in 10 Days!

M William

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The 10 Day Green Smoothie Cleanse: A Secret To Healthy Life Lose Up to 15 Pounds Juicing in 10 Days! Have you ever wondered about the color 'GREEN'? We refer to nature with the word 'GREEN', 'GREEN health' is used for a healthy body similarly 'feeling GREEN' symbolizes freshness of mind and body. So the world GREEN encompasses all the health, nature and freshness in itself. Now imagine a jar full of GREEN, containing all the health and freshness in it and says 'DRINK ME". You are tempted by the fresh green color and take it down your stomach instantly, resulting in an instant current, a 'BiZ' of freshness. A Green smoothie is a drink in the jar that gives you instant freshness and makes you feel cool simultaneously. The word green itself indicates that it is a mixture of fruits and green leafy vegetables that give boost to the feeling of freshness. It is plant base with additional ingredients which include spinach, kale, collard greens, lettuce and others. Choosing 'Green' for your health is essentially important as greens symbolize 'nature's blood'. Green itself had been a 'Holy color'. God loves green therefore he covered our earth with a carpet of greens. So, all greens are an essential part of your existences on this planet. You need greens to survive, to feel happy and to CLEANSE yourself and your mind inside out. I want to congratulate you on downloading this book, "THE 10 DAY GREEN SMOOTHIE CLEANSE – A SECRET TO HEALTHY LIFE". You would know about the health benefits of Green Smoothies and their impact on detoxification. You would meet surprises on every step of this book. So, give it a good read. Thanks again for buy and downloading this book!

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