



Nurturing Your Child with Music: How Sound Awareness Creates Happy, Smart, and Confident Children

John M. Ortiz

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With its emphasis on music as both healing agent and spur to creativity, this book takes its place on the shelf next to *The Mozart Effect*. Aimed at family interactions, it offers a number of creative methods for initiating and maintaining relaxed and productive home environments. Beginning with the prenatal period, the book offers mothers-to-be ways to create positive musical vibrations to communicate to their babies. For toddlers, the book serves as a manual for everything from learning their ABCs to establishing secure identities. Music can stimulate young children or help them relax and go to sleep. It also aids preadolescents in dealing with the emotional ups and downs of those years.

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