



# Clinical Psychology: Assessment, Treatment, and Research

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## Clinical Psychology: Assessment, Treatment, and Research

This textbook is a graduate-level introduction to the field of clinical psychology. While most textbooks focus on either assessment, treatment, or research, this book covers all three together specifically for the introductory level graduate course. Chapter coverage is diverse and contributors come from both PhD and PsyD programs and a variety of theoretical orientations. Chapter topics cover the major activities of the contemporary clinical psychologist with an introduction focusing on training models.

The book has a mentoring style designed to highlight the relevance of the topics discussed to clinicians in training. Assessment and treatment chapters focus on evidence-based practice, comparing and contrasting different options, the basis for clinical choice between them, and efficacy of same.

It will also introduce business and ethical aspects of the clinical career that current introductory books do not include, such ethics in assessment, treatment and research; third party payors; technological developments; dissemination of research findings; cross-cultural issues; and the future of the profession.

- \* Includes assessment, treatment, and practice issues
- \* Compares and contrasts different therapeutic styles
- \* Exemplifies practical application through case studies
- \* Focuses on evidence-based practice
- \* Orients future clinicians to contemporary issues facing psychological practices

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