



# Stroke For Dummies

*John R. Marler*

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# Stroke For Dummies

*John R. Marler*

**Stroke For Dummies** John R. Marler

**Features tons of advice for recovery and rehabilitation**

**Get the latest on the symptoms, diagnosis, and treatment of stroke**

Have questions and concerns about strokes? This reassuring guide provides invaluable information for stroke victims and their loved ones, from what a stroke is and what it feels like to proven treatments and therapies. You'll see how to implement a plan for preventing stroke, treat the lingering effects of stroke, and maximize home caregiver effectiveness while minimizing fatigue.

**Discover how to:**

- Understand what causes different types of stroke
- Recognize warning signs
- Get the most out of doctors and hospitals
- Speed recovery with the best treatments
- Help prevent future strokes
- Decide the best living arrangements after stroke

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