



## Art Therapy in Asia: To the Bone or Wrapped in Silk

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As art therapy rapidly makes its mark across Asia, this book documents how the field of art therapy is taking shape as both a profession and a discipline in this region. It looks at how art therapists in Asia are assimilating Western models and adapting them to create unique home-grown practices.

Building on theory, research and practice that has been developed in the West, practitioners throughout Asia are creating innovative art therapy programs that reflect cultural diversity and draw on ideas from Chinese medicine and Eastern philosophy, spirituality and art traditions. With chapters from leading art therapists and community artists in Hong Kong, Taiwan, Japan, Korea, Cambodia, Thailand, China, India, The Philippines and Singapore, this book pulls together thought-provoking perspectives and effective approaches from which East and West can both learn.

The first of its kind, this book will be an informative and inspiring addition to the bookshelves of all art therapy professionals and students, as well as anyone with an interest in Eastern cultures and cross-cultural working.

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