



How to Teach Life Skills to Kids with Autism or Asperger's

Jennifer McIlwee Myers

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In the real world, people on the autism spectrum need the same kinds of day-to-day skills everyone else needs to be functional!

It's true. No matter how high-functioning children with autism or Asperger's may be or may become, they function better as adults if they've had the chance to learn basic skills, from being on time to good personal hygiene. But many reach adulthood without those skills.

Enter Jennifer McIlwee Myers, Aspie at Large.

Coauthor of the groundbreaking book *Asperger's and Girls*, Jennifer's personal experience with Asperger's Syndrome and having a brother with autism makes her perspective doubly insightful.

Jennifer can show you how to:

- Create opportunities for children to learn in natural settings and situations
- Teach vital skills such as everyday domestic tasks, choosing appropriate attire, and being polite
- Help individuals on the spectrum develop good habits that will help them be more fit and healthy
- Improve time management skills such as punctuality and task-switching
- And much more!

Jennifer's straightforward and humorous delivery will keep you eagerly turning the page for her next creative solution!

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