



# Teens Can Make It Happen: Nine Steps for Success

*Stedman Graham*

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# Teens Can Make It Happen: Nine Steps for Success

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## Teens Can Make It Happen: Nine Steps for Success Stedman Graham

Prepare yourself for a lifetime of emotional and intellectual success and physical well-being with this essential and practical guide—perfect for teens, parents, grandparents, and educators alike.

The teenage years are filled with growth, promise, trials, and tribulations. During this time, one may be faced with life-changing decisions and challenges. And often these dilemmas are not easily answered. In *Teens Can Make It Happen: Nine Steps to Success*, prominent businessman and author Stedman Graham guides readers to a better understanding of themselves, their strengths, and their desires, while helping them to devise and achieve plans for realizing their visions. In an entertaining and interactive style, Graham bridges the gap between education and the real world, and provides teenagers with the means to boost self-esteem, avoid peer pressure, and handle the daily stresses that come with being a young adult. As founder of Athletes Against Drugs, an organization created to combat drug abuse and promote youth leadership, Graham knows how to talk to teenagers. *Teens Can Make It Happen* is filled with relevant and practical wisdom for today's young adults. Its hands-on approach and personal style make this engaging handbook a must-have for teens as well as for parents, grandparents, and anyone else who influences young people.

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