

# Natural Beauty at Home: More Than 250 Easy-to-Use Recipes for Body, Bath, and Hair

Janice Cox

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A revised edition of the bestselling guide to easy and effective home beauty treatments from America's natural beauty expert

Beauty in modern America is a multibillion-dollar industry, and consumers spend hundreds of dollars on beauty products only to discover that they aren't satisfactory or effective. *Natural Beauty at Home* includes over two hundred of Janice Cox's recipes (many have been passed down through three generations of her family) for everything from shampoo and mouthwash to face masks and lip gloss, so readers can customize their beauty regimen, save money, and have fun, all at once. In this new edition, Cox has refined over twenty years' worth of simple and self-indulgent recipes for body and soul, including:

- cleaners and scrubs
- creams and lotions
- massage oils and aromatherapy
- hair-care products

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