

Miss Minimalist: Inspiration to Downsize, Declutter, and Simplify

Francine Jay



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Miss Minimalist: Inspiration to Downsize, Declutter, and Simplify Francine Jay Would you like to live a beautiful life with less stuff?

This delightful collection of articles by Francine Jay, author of "The Joy of Less, A Minimalist Living Guide," provides great inspiration to pare down your possessions. Jay breezes from practical topics, like "What's in a Minimalist Kitchen" and "How Many Shoes are Enough," to more philosophical musings, like what the Japanese or ancient Greeks can teach us about simple living.

Along with valuable tips and advice, the author shares her personal stories about decluttering and living with less. Her warmth, humor, and encouraging tone make you feel like you're chatting with a good friend over a cup of coffee—a friend you'd love to invite over to clean out your closets!

These essays are a wonderful introduction to minimalist living, written by someone with a genuine passion for the topic. If you've ever felt overwhelmed by your clutter, or disenchanted with consumerism, you'll find a kindred soul (and a wealth of advice) in Miss Minimalist. Best of all: you'll likely empty a drawer or two by the time you've finished reading!

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