



**The Best Homemade Baby Food on the Planet:
Know What Goes Into Every Bite with More Than
200 of the Most Deliciously Nutritious Homemade
Baby Food ... More Than 60 Purees Your Baby
Will Love**

Karin Knight, Tina Ruggiero

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The Top of Its Class!

The Best Homemade Baby Food on the Planet was nominated for the 2012 International Association of Culinary Professionals annual Cookbook Awards competition. Considered the gold standard among cookbook awards and widely lauded as the most selective in the industry, the IACP has been presenting its cookbook awards for more than 25 years to promote quality and creativity in culinary writing and publishing. Past nominees include Julia Child, Mark Bittman, and Thomas Keller, among others.

Food Made with Love Is Food You Can Trust!

Preparing simple, homemade food in the comfort of your own kitchen is one of the greatest gifts you can give your little one. Not only does it allow you to nourish your child with the most pure and wholesome ingredients, but it also gives you the peace of mind of knowing what has gone into every bite your baby takes.

Full of recipes to suit every age and stage—from six months all the way to twenty-three months—*The Best Homemade Baby Food on the Planet* shows you how simple and easy it is to prepare food your baby will go absolutely ga-ga for. From quick purées like Mighty Tasty Blueberry and Pear Mash and No-Cook Prune Purée, to new and nourishing meals like Sweet Omelet Surprise and Finger-Lickin' Good Lentils and Potato with Cheese, you'll find it a breeze to prepare any and all of the recipes you and your little one fancy.

And to make things even more easy-peasy, you'll find each recipe also contains:

—Two methods for preparation—stovetop or microwave—wherever applicable, so you can whip up recipes in whatever time you have. Many microwave options make it possible for meals to be made in less than 10 minutes.

—An easy-to-spot snowflake icon on all recipes suitable for freezing, so you can make baby's meals at your convenience, or in batches, to save time and money.

—A complete nutritional analysis, so you can be sure you're giving your child the best possible start.

Make your own super-delicious, super-nutritious homemade baby food today—it's guaranteed to be the best thing that's ever crossed the high chair!

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Dustin Singh:

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