

How To Make The Rest Of Your Life The Best Of Your Life: Tough Love For Smart Single Women Over 60

Victoria Rose



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Are you a smart, single woman over 60 who still feels fabulous? Or do you feel absolutely well past your use by date? Are you a quitter, or do you think you deserve to live a life full of energy, inspiration and fulfillment? It's never too late to smell the roses This book is a celebration of smart, single women over 60 and the many roles they play over their lifetime. But wait, by what criteria can you be deemed smart? That's easy ... you deem yourself as smart, no outside authority is needed, is it? Actually, for many baby boomers, outside authority is needed. Someone else's approval is necessary. That's a major reason for writing this book. I think we're grown up now; I believe we can grant approval to ourselves, to choose how to live our own lives, can't we? How to Make The Rest of Your Life The Best of Your Life gives smart, single women over 60 a roadmap to a destination of their own choosing. If you're sick of living on the Island of Lack, lack of courage, lack of confidence and lack of fun, then this book is for you. Working through a five-part formula 'From NOW to WOW', you'll discover many signposts guiding you to living a happier life. As a courageous, confident woman, you too will stand up and say "I'm over 60 and I'm still fabulous!"

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