



Positive Neuropsychology: Evidence-Based Perspectives on Promoting Cognitive Health

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Psychology and many of its subfields have seen a significant shift over the past 10-12 years toward a focus on hope, positive attributes, and character strengths through the positive psychology movement. This book provides a blueprint for a burgeoning subfield in neuropsychology?positive neuropsychology. It proposes an alternative, evidence-based perspective on neuropsychology that incorporates positive psychology principles and a focus on promotion of cognitive health. It synthesizes existing research and provides novel perspectives on promotion of cognitive health in clinical, nonclinical, and academic settings. This work is a resource and reference for neuropsychologists, allied professionals, and students who see the critical role neuropsychologists can play in maintaining, promoting, and being mindful of cognitive health.

TARGETED MARKET SEGMENTS

Neuropsychologists, health psychologists, geriatricians, rehabilitation specialists, clinical psychologists

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